

# Lunch Menu

# THE MULBERRY BUSH NURSERIES

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Lasagne with garlic bread Pineapple sponge & custard or fresh fruit	Homemade chicken curry with rice Fruit Salad with ice cream or fresh fruit	Pork Sausages with mash peas or beans Bananas & custard or fresh fruit	Cottage Pie with vegetables Coconut sponge & custard or fresh fruit	Homemade fish pie with peas & parsley sauce Peaches & cream or fresh fruit
<b>Week 2</b>	Salmon fish cakes with polenta, peas sweetcorn & parsley sauce. Jam tart & custard or fresh fruit	Roast pork with fresh vegetables & potatoes Cheesecake or fresh fruit	Chicken casserole with vegetables & potatoes Lemon drizzle cake & custard or fresh fruit	Homemade cheese & broccoli pasta bake Warm apple flapjack & custard or fresh fruit	Homemade vegetable curry with pilau rice Semolina or fresh fruit
<b>Week 3</b>	Homemade shepherds pie with seasonal vegetables. Fruit pavlova or fresh fruit	Homemade sausage casserole & vegetables Fruit crumble & custard or fresh fruit	Battered cod, chips & peas Rice pudding or fresh fruit	Roast Turkey, vegetables, roast potatoes & stuffing Poached pears & ice cream or fresh fruit	Homemade Chilli with rice Treacle sponge & custard or fresh fruit
<b>Week 4</b>	Ham & pasta bake with salad Apple sponge & custard or fresh fruit	Savoury beef cobbler & vegetables Fruit flan & cream or fresh fruit	Moussaka with mixed vegetables Arctic roll or fresh fruit	Homemade spaghetti bolognese Marble sponge & custard or fresh fruit	Potato, leek & cheese bake with green beans Banana split or fresh fruit

**Vegetarian dishes are available daily as required, & match the set menu as closely as possible e.g meat & fish are replaced by vegemince, quorn & fresh vegetables**

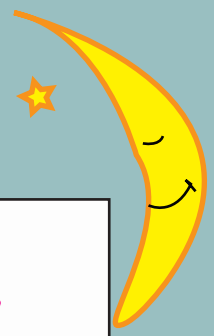




# Teatime Menu



# THE MULBERRY BUSH NURSERIES



Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Homemade oat biscuits with a selection of cheese, grapes, sliced apple, celery, cucumber & carrot sticks	Toasties with mackerel pate, ham or cheese filling  Homemade raspberry muffins	Homemade savoury rice with stir-fried vegetables  Selection of yoghurts	Selection of sandwiches with raw carrot & cucumber sticks  Apple slices & raisins	Beans on toast  Fruit salad with cream or ice cream
<b>Week 2</b>	Mini toad-in-the-hole with baked beans  Fresh Fruit	Cream cheese on toast  Fruit in jelly with ice cream	Buffet Tea: Mini sausage rolls, cheese chunks, vegetable sticks cherry tomatoes, cheesy puffs & fresh sliced fruit	Sardines or cheese on toast  Selection of fruit to follow	Pitta pockets with tuna & cheese filling & cucumber  Selection of yoghurts
<b>Week 3</b>	Homemade cheese straws, cucumber & carrot sticks with a selection of dips  Fruit salad with cream	Spaghetti on toast  Selection of fruit	Noodles & savoury sauce with onions, peppers, sweetcorn & courgettes  Angel Delight	Ravioli with bread & butter  Homemade banana squares	Fish Fingers & beans  Grapes & apple slices
<b>Week 4</b>	Pizza slices with potato wedges & salad  Selection of yoghurts	Baked chicken nuggets with baked beans  Peaches & cream	Jacket Potato halves with cream cheese & grated cheddar filling.  Homemade biscuits	Scrambled eggs with sausage  Sliced pears & banana	Pasta with homemade tomato sauce  Rice Krispie cakes



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